**Endocrinology Conditions**

Consideration of referral for an MDT opinion or transfer of care

The woman may need to be referred for care or discussion to the nearest specialist unit (as indicated in the table) either:

**1. Maternal Medicine Centres (MMC)** The MMCs have the responsibility for hosting the MDT, the regional guidelines and standards of care

**2. Regional Unit (RU)-** The RU has expertise and can manage pregnant women with the condition

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Condition** | | **Category of condition** | **Maternal Medicine Centre (MMC)** | **Regional Units RU)** | **Pre-pregnancy Counselling** | **Notes- e.g.**  Geographical variants |
| **GDM** | | Local expertise | N/A |  |  |  |
| **Type 1 and 2 DM** | **No/ minor complications** | Local expertise | Bristol |  | Local  SWMMN video available |  |
| **Nephropathy CKD3+** | Advice and guidance from Renal MDT  Likely to be shared care with MMC/RU | Bristol-NBT | Exeter  Plymouth | Advised  RU | Swindon refer to Oxford |
| **Cardiovascular disease (see cardiac pathway)** | Review or advice and guidance from Cardiac Obstetric MDT. MMC/RU if required | Bristol- UHBW | Advised  RU |
| **Monogenic diabetes** | | Review or advice and guidance from MMC if required | Exeter |  | Advised  Local with advice from MMC (or local Monogenic Diabetes nurse) | Swindon refer to Oxford |
| **Primary and secondary hyperaldosteronism** | | Care led by MMC/RU and delivery in MMC/RU | Bristol- UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Advised  RU | Swindon refer to Oxford |
| **Phaeochromocytoma or paraganglioma** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol- NBT | Plymouth | Advised  RU | Swindon refer to Oxford |
| **Cushings Syndrome** | | Discuss with MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Advised  RU | Swindon refer to Oxford |
| **Acromegaly** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Advised  RU | Swindon refer to Oxford |
| **Hypothyroidism** | | Local expertise |  |  | Local |  |
| **Hyperthyroidism** | | Local expertise |  |  | Local |  |
| **Thyroid cancer** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-UHBW | Taunton  Exeter  Plymouth | Advised  RU | Swindon refer to Oxford |
| **Thyroid nodules** | | Local expertise |  |  | Local |  |
| **Metabolic disorders e.g. glycogen storage disorder** | | Discuss with Obstetric Medicine MDT  Care led by MMC and delivery in MMC | Bristol- NBT |  | Advised  MMC | Swindon refer to Oxford |
| **Microprolactinoma** | | Local expertise |  |  | Local |  |
| **Macroprolactinoma** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol -UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Pituitary disease on hormone replacement therapy** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Hyperparathyroidism** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | RU | Swindon refer to Oxford |
| **Hypoparathyroidism** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol- UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | RU | Swindon refer to Oxford |
| **PCOS** | | Local expertise |  |  | Local |  |
| **Congenital adrenal hyperplasia** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol- UHBW | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Vit D deficiency** | | Local expertise |  |  | Local |  |
| **Dumping syndrome post bariatric surgery** | | Discuss with Obstetric Medicine MDT | Bristol-NBT | Taunton  Exeter  Plymouth | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Addison’s disease** | | Discuss with Obstetric Medicine MDT  Care led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHB  Bath  Gloucester  Taunton  Exeter  Plymouth  Truro | Local with advice from MMC/RU | Swindon refer to Oxford |