**Endocrinology Conditions**

Consideration of referral for an MDT opinion or transfer of care

The woman may need to be referred for care or discussion to the nearest specialist unit (as indicated in the table) either:

**1. Maternal Medicine Centres (MMC)** The MMCs have the responsibility for hosting the MDT, the regional guidelines and standards of care

**2. Regional Unit (RU)-** The RU has expertise and can manage pregnant women with the condition

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| --- | --- | --- | --- | --- | --- |
| **Condition** | **Category of condition** | **Maternal Medicine Centre (MMC)** | **Regional Units RU)** | **Pre-pregnancy Counselling** | **Notes- e.g.** Geographical variants |
| **GDM** | Local expertise | N/A |  |  |  |
| **Type 1 and 2 DM**  | **No/ minor complications** | Local expertise | Bristol |  | LocalSWMMN video available |  |
| **Nephropathy CKD3+** | Advice and guidance from Renal MDT Likely to be shared care with MMC/RU | Bristol-NBT | Exeter Plymouth | AdvisedRU | Swindon refer to Oxford |
| **Cardiovascular disease (see cardiac pathway)** | Review or advice and guidance from Cardiac Obstetric MDT. MMC/RU if required | Bristol- UHBW | AdvisedRU |
| **Monogenic diabetes** | Review or advice and guidance from MMC if required  | Exeter |  | AdvisedLocal with advice from MMC (or local Monogenic Diabetes nurse) | Swindon refer to Oxford |
| **Primary and secondary hyperaldosteronism** | Care led by MMC/RU and delivery in MMC/RU | Bristol- UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | AdvisedRU | Swindon refer to Oxford |
| **Phaeochromocytoma or paraganglioma** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol- NBT | Plymouth | AdvisedRU | Swindon refer to Oxford |
| **Cushings Syndrome** | Discuss with MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | AdvisedRU | Swindon refer to Oxford |
| **Acromegaly** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | AdvisedRU | Swindon refer to Oxford |
| **Hypothyroidism** | Local expertise |  |  | Local |  |
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| **Thyroid cancer** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-UHBW | TauntonExeterPlymouth | AdvisedRU | Swindon refer to Oxford |
| **Thyroid nodules** | Local expertise |  |  | Local |  |
| **Metabolic disorders e.g. glycogen storage disorder** | Discuss with Obstetric Medicine MDT Care led by MMC and delivery in MMC | Bristol- NBT |  | AdvisedMMC | Swindon refer to Oxford |
| **Microprolactinoma** | Local expertise |  |  | Local |  |
| **Macroprolactinoma** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol -UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Pituitary disease on hormone replacement therapy** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Hyperparathyroidism** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | RU | Swindon refer to Oxford |
| **Hypoparathyroidism** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol- UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | RU | Swindon refer to Oxford |
| **PCOS** | Local expertise |  |  | Local |  |
| **Congenital adrenal hyperplasia** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol- UHBW | UHBBathGloucesterTauntonExeterPlymouthTruro | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Vit D deficiency** | Local expertise |  |  | Local |  |
| **Dumping syndrome post bariatric surgery** | Discuss with Obstetric Medicine MDT | Bristol-NBT | TauntonExeterPlymouth | Local with advice from MMC/RU | Swindon refer to Oxford |
| **Addison’s disease** | Discuss with Obstetric Medicine MDTCare led by MMC/RU and delivery in MMC/RU | Bristol-UHBW/NBT | UHBBathGloucesterTauntonExeterPlymouthTruro | Local with advice from MMC/RU | Swindon refer to Oxford |